

# Looking for QUALITY memory care for your loved one?

With so many options for memory care, how can you feel confident that you're making the best decision? **Use this checklist to compare other communities in your area.** To help you get started, we've already checked the Chatsworth column for you.

		Name	Name
<b>BUILDING DESIGN AND SAFETY</b>			
	CHATSWORTH	_____	_____
Private and semi-private rooms with private half baths	✓		
Neighborhood designed to encourage social interaction	✓		
Access to tranquil outdoor areas	✓		

		Name	Name
<b>PERSON-CENTERED APPROACH TO CARE</b>			
	CHATSWORTH	_____	_____
An approach to care that focuses on the unique strengths and preferences of each resident	✓		
Care associates who take the time to get to know the residents on a personal level	✓		
Nonpharmacological approaches such as education, communication, task simplification skills, exercise, and/or social programs are utilized with the goal of enhancing quality of life	✓		

		Name	Name
<b>CARING AND EXPERIENCED STAFF</b>			
	CHATSWORTH	_____	_____
Dementia training based on industry and evidence-based best practices provided throughout the year	✓		
Training focuses on a strengths-based, person-centered approach along with specific dementia care and service approaches	✓		
A dedicated memory care manager who oversees the neighborhood and supports its residents, families, and staff	✓		
A dedicated program manager who reviews each resident's preferences, history, and routines and works with care associates and family to provide an environment that strives to promote and support an active, healthy, and independent lifestyle in accordance with the abilities of each individual resident	✓		

## PROGRAMMING

CHATSWORTH \_\_\_\_\_

Residents gain a sense of purpose, build or retain skills, and celebrate successes through programs customized to their interest and abilities	✓		
Cozy private space, activity room, and sunroom destination areas for residents to enjoy at their leisure	✓		
Self-directed activities that give residents a sense of purpose	✓		
Guided, one-on-one programs with care associates such as reminiscing through a photo album, going for a walk outside, or choosing an outfit for the day.	✓		
Structured daily programs geared toward the individual, including making the bed, setting the table, or calling a loved one	✓		

## DINING

CHATSWORTH \_\_\_\_\_

Open and inviting dining area that encourages interaction even between meals	✓		
Drinks and snacks available 24/7	✓		

Review your memory care options, then call **561-227-3227** to request more information or to schedule a visit to Chatsworth. Our knowledgeable team is here to help.



**CHATSWORTH**  
AT PGA NATIONAL

*An Erickson Living Continuing Care Community*

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